

KENT COUNTY RFU
INFORMATION SENDOUT
MAY 2019



1. IN TOUCH ARTICLES



Last chance to send your articles in for our next publication of In Touch. Please send any good news that we could consider by 27th May.

Send to office@kent-rugby.org

2. COACHING CONFERENCE 23RD JUNE

Kent Rugby will be again hosting a conference this year on Sunday 23rd June at Sutton Valance School beginning at 9:00 am - 4:30 pm.

Our overarching theme this year is Youth Rugby and it's open to all coaches *and* parents of youth players who want to find out more about supporting their young players.



We have some great speakers lined up so far we have:

Seb Sherwood - Decision Making

"How to improve player decision making and utilising performance analysis" Seb has previously worked with the Chiefs Super Rugby team and Bay of Plenty as an analyst. Seb is currently working with England Rugby as a consultant analyst to the senior and pathway teams and also a coach with the 1st XV at Tonbridge Juddians.

Activate Injury Prevention Workshop

A chance to see elements of the RFU's Activate Injury prevention programme. Activate is a highly research and evidence based programme.

Saracens Academy Fundamental Rugby Skills

Saracens Academy Coach and player pathway Manager, Andy Dawling, will run a practical session on how the Saracens Academy develop fundamental rugby skills in their youth players.

Debbie Smith - Nutrition for youth players

The session will provide up to date information on the recent advances in rugby nutrition research and how to break this down to fuel training and maintain good health.



Book your FREE place **HERE!**

3. O2 Touch @ Old Colfeians RFC - 23rd MAY

Old Colfeians' RFC will be hosting 2 weekly O2 Touch sessions.

Starting 23rd May: Thursdays 7pm to 9pm: Competitive games for ages 12+. Thursday will be friendly but much more competitive so whilst we welcome everyone aged 12+ please bear in mind that the games will be fast.

Starting 1st June: Saturdays 10am-Noon: Friendly games for ages 7+, Boys and girls, men and women. Saturdays are

for mixed abilities for all ages. Get the whole family plus friends involved and enjoy the experience.

Cost will be £1 per player (all ages) per session.

Walking Rugby: Saturdays 10am-Noon: running alongside the Touch this is a great way to get involved. Great exercise and fun for all no experience needed.

Join us at Horn Park, Eltham Road, Lee, SE12 8UE (entrance opposite Weigall Road)

4. KENT COUNTY AGM - 26TH JUNE

Notice is hereby given that the Annual General Meeting will be held at Sheppey RFC, Lower Road, Minster-on-Sea, Sheerness, ME12 3ST on Wednesday 26th June 2019, at 7.30 pm.



The members of the County Committee hope that you will be able to attend. The full agenda and report will be published on the Kent Rugby website kent-rugby.org, at least 2 weeks prior to the meeting.

5. RUGBY AWARE

The Rugby Aware resources are now live and downloadable for both clubs and educational establishments, so they can be delivered internally.

Rugby Aware offers the opportunity to increase awareness and understanding on current topics, and on this occasion the themes are Touchline Behaviour and Player Welfare. It aims to highlight the role and impact that different individuals, especially parents, can have on players and the importance of promoting Rugby's Core Values.

The Rugby Aware workshop should take around 90-120 minutes to be delivered, and to access the PowerPoint, delivery notes and promotional poster, please see the link below.

<https://www.surveymonkey.co.uk/r/JXSMPJ7>

6. RUGBYSAFE PLAYER SAFETY

RugbySafe Player Safety and Welfare Questionnaire

By now all Club Honsec, Club Coaching Co-Ordinators, RugbySafe Leads, Safeguarding Officers and assistant Safeguarding Officers should have received an email with the RugbySafe Questionnaire attached.

Please ensure it is completed and returned no later than the 10th of June 2019, if you haven't received the email download **HERE**. Please return to rugbysafe@kent-rugby.org



The purpose of the Questionnaire is to establish levels of First Aid cover during matches, training and competitions in the county in line with RFU Regulation 9 Player Safety. The data collected will enable us to identify areas and that may require assistance in the training of volunteers, Risk Assessment, and Emergency Action planning and also arranging CPDs ie Emergency First Aid in Rugby Union, headcase etc in areas so travelling is kept to a minimum for delegates.

Data will also be used to where possible to establish links with volunteers or organisations outside of Rugby to provide voluntary medical cover with local clubs.

By completing and returning this Questionnaire will enable all Clubs to provide the best possible level of medical cover for Player Safety and Welfare.

Thank You
Trevor Hopper
RugbySafe Manager

7. OUT OF SEASON AGE GRADE ACTIVITIES

Due to the increase in Clubs delivering camps and pre-season sessions over the Summer, please see the link below for information around the Regulations specific to what can be delivered for Age Grade players.

Should you have any questions around this please contact your local Rugby Development Officer.



8. ANNUAL AWARDS DINNER

The Kent County Annual Awards Dinner was held at Ashford International Hotel on 16th May. There were 176 attendees with 36 clubs represented on the evening. All winners and runners up for all Shepherd Neame leagues were presented with their awards and recognition were given to teams who did well in the RFU leagues and the Kent Cup competition.

See our website to download your award photos taken on the evening. **HERE!**



9. RUGBY GROUNDSMAN CONNECTED

As this is the time of year when clubs are planning their actions/focuses for next season, we wanted to remind you all around Rugby Groundsman Connected. Rugby Groundsmen Connected is the RFU's easy access, two-way communication network between the RFU and rugby union groundsmen. It is the main communication channel for the RFU to provide information and advice to groundsmen and also has special offers and exclusive benefits for members. Groundsmen Connected is for anybody that has any involvement in the upkeep of rugby pitches; complete novice to Premiership groundsmen. Anyone can register to join RGC at no cost, and once signed up you will receive regular communications with advice, information and the opportunity to ask questions. For further information, please visit: <https://www.englandrugby.com/governance/club-support/facility-development/technical-advice/natural-turf-pitches/groundsmen-connected/>

10. NATIONAL RUGBY SURVEY

To understand accurate numbers and support Age Grade players, there is an England Rugby National Survey specifically focused towards young players.

The survey closes on Monday June 3rd.

All responses will be entered into a prize draw to win tickets to an England match at Twickenham Stadium - www.englandrugby.com/survey.

11. FOOTSCRAY SEEKS NEW COACH

Footscray Rugby Club is an ambitious amateur rugby club in south-east London and roughly a 20-minute train journey from London Bridge. They operate 2 senior men's side. Their 1st team is in Kent 1 and the 2nd team are in the Kent metropolitan leagues. They have just upgraded their training facilities to include a new 4G pitch.

They are searching for a new head coach for the senior section for the 2019/2020 season and beyond. You will be expected to oversee training sessions, match days, and advise on squad selection.

Footscray is a family friendly club with a real eagerness to take on new ideas and new players. They have a great track record of turning players with limited rugby knowledge into consistent 1st team players. The club also has a great social side to it as well with solid and lengthy traditions. The club would welcome a coach that shares in those values. See more details and how to apply **HERE!**

12. KINGS COLLEGE HOSPITAL SEEKS NEW COACH

Going into its 150th season, the club is seeking a head coach for the senior section for the 2019/2020 season. The coach will be involved with all coaching delivery at the club with the support of the existing coaching team, and be responsible for matchday management and coaching of the 1st team, whilst ensuring that a consistent pattern of play is developed throughout the club.

This role would ideally suit either a current coach who is looking for a great opportunity working with a talented and keen group of players, or an ambitious former player who would like to get into coaching, whilst enjoying the spirit of a friendly, social club. The successful candidate will be responsible for senior rugby and lead an enthusiastic coaching team. The club is ambitious and looking to move forward with its long-term plan and this role is a pivotal part of that future. See more details and how to apply **HERE!**

13. HEAD PHYSIOTHERAPIST NEEDED

Gillingham Anchorians Rugby Club have an exciting opportunity for a Physiotherapist to join their team.

The role requires a professional, diligent and reliable individual who will oversee all players within the Senior Squad. See more details and how to apply **HERE!**

14. DOVER SHARK OPPORTUNITIES

Dover RFC is seeking Senior, Mini & Youth Coaches to join their coaching team. Do you want to develop your coaching, Dover may just be the place for you to do that.

Read more details about these opportunities.

Information about Senior Coaches **HERE.**

Information about Mini & Youth Coaches **HERE.**